



the

BULLETIN

Volume 14, Issue 1

SUCCESS THROUGH EDUCATION

January 2011

Bulls Calendar

1/1 HAPPY NEW YEAR!

1/4 Goalkeeper training
(canceled due to park closure)

1/7 Jr. Academy Training

1/7 Fast Footwork

1/7 Bulls staff coaches meeting

1/8 Jr. Academy Training

1/11 Goalkeeper training

1/12 Board of Directors meeting

1/12-16 NSCAA Convention

1/14 Jr. Academy Training
(canceled due to Sony Open)

1/14 Fast Footwork
(canceled due to Sony Open)

1/18 Goalkeeper training

1/21 Jr. Academy Training

1/22 Jr. Academy Training

1/21 Fast Footwork

1/25 Goalkeeper training

1/28 Jr. Academy Training

1/28 Fast Footwork

2/1 Goalkeeper Training

2/4 Fast Footwork

2/4 Bulls Staff Coaches Meeting

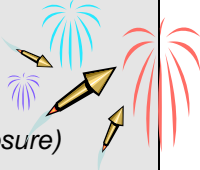
2/8 Goalkeeper Training

2/9 Board of Directors Meeting

2/9-12 HHSSA Girls State Soccer
Championship at Waipio Soccer
Complex

2/19-21 Presidents' Day Cup

2/23-26 HHSSA Boys State Soccer
Championship at Waipio Soccer
Complex



Message from the President

Neither the inclement winter weather, mainland travel delays nor the absence of Brian Ching due to personal reasons, were enough to deter the success of the 13th Annual ProXtreme Holiday Soccer Camp that took place from December 26-29 at the rain-soaked Waialae Iki Park. Just over 100 children attended the Camp, with an additional 37 participating in the ProElite Camp for the more experienced youth players from the Bulls Soccer Club.

This year, the Honolulu Bulls Soccer Club was, once again, proud to provide a stellar coaching staff for campers to learn from and to whom they can aspire. Clint Mathis needs no introduction, having been a highlight of the Camp almost as many times as alum, Brian Ching. Recently retiring from professional soccer, competing against powerhouse Real Madrid, Clint once again brought his zeal for the beautiful game and his unsurpassed skills to the ProXtreme, wowing the crowd with his powerful shots and his creativity with the ball at his feet. Mahalo, Clint, for your years of entertaining the US with your amazing passes and assists, your vision on the pitch, and for your critical goals in the MLS and for the US Men's National Team.

Thanks, Cleatus! Clint's wife, Tracie, also a professional having played at UCLA and in Germany, also worked the camp; all the while taking care of their children, Max and Caprice.

Jay Nolly participated in his first ProXtreme Camp; perhaps one of many? Jay was starting goalkeeper at Indiana when they won two National Championships, was drafted by Real Salt Lake, then traded to D.C. United and is now the starting goalkeeper for the MLS' Vancouver Whitecaps. Jay was a big kid among kids at the camp; obviously having as much fun as the campers. During the daily morning sessions at the ProXtreme, Jay saved goal after goal in the muddy pitch; diving right and left to save powerful and bending shots by the pros and college staff. He obviously takes his craft seriously! Jay and his wife, Alicia, finally got to see some Hawaiian sunshine; too bad it was



Standing (l to r): Jay Nolly, Kenji Treschuk, Phil Neddo, Clint Mathis and Tracy Mathis. Seated (l to r): Sam Okpodu, Paul Holochoer and Duke Hashimoto.



just after the camp ended.

A special treat for all who attended the camp was the presence of Sam Okpodu, Men's Head coach from Newberry College in South Carolina. Coach Sam's amazing career includes more than 18 years of coaching at the amateur, collegiate and international levels. Sam was a three time All American at NC State University and is still the ACC leading scorer with 193 total points for goals and assists. In 2002, he guided the Nigerian Women's National team to its third African Women's Championship. He is now in his 7th season at Newberry. His knowledge of the game and skills on the pitch were evident to all; and he was a valuable addition to the coaching staff this year.

The more experienced and serious campers were invited to the ProElite Camp, held concurrently with the ProXtreme. The 2010 ProElite head coach was Paul Holocher, head coach for the men's soccer program at Cal Poly San Luis Obispo. Coach Holocher, a midfielder, was coached at Santa Clara University in the late '80's by Steve Sampson; and ended his career there as the team's all time scorer. Coach Paul played professionally in the Bay Area, in Austria and had one CAP for the United States. He has been at San Luis Obispo since 2006 and his expertise was more than welcomed at the ProElite Camp.

The list of volunteers and staff making this camp the success it always is, is endless. Your tremendous effort and dedication is inspiring. MAHALO!

Ken Perske

2010 Annual Awards
by Phil Neddo

Female Player of the Year

Nominees:

- **Shawn Higa** – Runner-up. MVP of the W1 Women's Championship!
- **Kelsi Chan** – Runner-up. Come back player award for sure!

Winner:

- **Caprice Dydasco** Only the third Youth/Club All-American player in the history of the State of Hawaii. All three All-Americans have been Bulls players who have played for the club for over 10 years!



Male Player of the Year

Nominees:

- **Aaron Goo** Perennial ODP Region pool player.
- **Brock Granger** – Runner-up Won the PDL Summer League with Portland Timbers (Undefeated) and went undefeated with Louisville University until losing the National Championship 0-1 to Akron. Starter in every game!

Winner:

- **Morgan Langley** was named to the NSCAA Div III All American team, named the Centennial Conference Player of the Year, had 14 Goals, 14 Assists, 42 points for top 10 in the country for points and assists. Swarthmore – All-Time Program Leader in Career Points and Assists. 2010 NSCAA/NCAA All-American. 2010 NSCAA Mideast All-Region. 2010 Centennial Conference First Team

Alumnus of the Year

Nominees:

- **Dustin Sellers** Generous support of Bulls through his Pro Service Hawaii business.
- **Satoshi Mitsuda** – Runner-up Was the first alumni to organize his team (HSC Bulls 85B) to sponsor a scholarship for a deserving HSC Bulls player. Continuously volunteers to help the ProXtreme Camp's outreach to the Japanese community.

Winner:

- **Shawn Higa** Was an instrumental player on the 85 Bulls team that played in the USYS Region Semi-finals in Spokane, WA in 2003. Shawn continued her soccer career at the University of Hawaii where she helped lead her team to the 2007 WAC championship. She currently is the captain of our W1 team that won the league title in the Fall. Shawn has constantly given back to the club over the years. She's always willing to work camps, assist with Keiki Bulls and the Junior Academy, coaches our U9G team(s), helps promote the club by being at any event we ask and always does a phenomenal job. Over the years, Shawn has demonstrated unparalleled loyalty to the club and a passion for working with kids with an immeasurable selflessness.

Coach of the Year

Nominees:

- **Rick Chong** Long-time coach with Bulls, helping with younger and older teams.
- **Kenji Treschuk** – Runner-up Tireless worker, fantastic motivator and an inspiration to the kids. He's also extremely dedicated, responsible, committed, and constantly demands excellence out of his players. Draws respect for





Kenji as a coach and more importantly as a person.

Winner:

• **Miles Tsuruoka**
Unselfish coaching the Bulls Jr, the MISO Jr team, the Bulls and doing goalkeeper training, in addition to everything he else he volunteers for. Truly exemplifying that COACHING IS FIRST GIVING OF ONE'S SELF!

Volunteer of the Year

Nominees:

- **Amanda Ogimachi**
Great organizer, especially at last summer's HIC Tournament.
- **Jeff Kuester**
Strong supporter of Bulls, donating

the use of his house/car for traveling teams.

• **Mieko Takada** – Runner-up
She has been outstanding in her efforts of organizing our camps, in addition to her work in promoting Pro Xtreme, her support of Children and Youth Day and other miscellaneous events of the club. Her generosity, grace and energy is unparalleled.

Winner:

• **Dr. Ken Perske** –
No comments would suffice to explain this one appropriately. Please recognize the hardest working volunteer in the HSC Bulls!

The Transition Years – U11/U12
by Miles Tsuruoka

For all of you managers (and parents) who are approaching the U11/U12 age groups, be prepared for the "transition years." A few years ago, it was only the U12s, but recently the U11s have been affected (and to some degree the U10s, too).

What are we talking about? Well, for one thing it's the period when the players/teams are transitioning from 8-a-side to 11-a-side soccer. The fields are larger, the halves are longer and when they play up in U13, the ball size changes to 5.

Secondly, they become eligible for more tournaments besides the Thanksgiving Tournament and the Presidents' Day Cup. U11 and up teams can enter the State Championships held in May on the Memorial Day weekend. It is probably the largest HYSA tournament. [Note: This is the one tournament that the Club pays for with your dues for U11 and up teams. U8-U10 teams receive the Presidents' Day Cup.]

U12 teams also participate in the State Cup held during mid-April. The State Cup is the Far West Regional qualifying tournament. Champions are required to represent Hawaii at the USYS Far West Regionals held in mid-June (and consequently not all clubs enter). Champions also become eligible for the Surf Cup, arguably one of the most competitive and prestigious youth soccer tournaments. [Note: U11 and below teams become eligible by winning the Presidents' Day Cup.]

Finally, the U11/U12 teams participate in three soccer seasons. As part of the U12 and under age groups, there is the Fall MISO Jr. season and the the Winter HYSA

Past Award Winners

2009

- Female Player of the Year – Caprice Dydasco
- Male Player of the Year – Blaine Gonsalves
- Alumnus of the Year – Allison Lipsher
- Coach of the Year – Derick Kato
- Co-Volunteers of the Year – Glen/Lori Okazaki, Ron/Karli Tario

2008

- Female Player of the Year – Kara Yamamoto
- Male Player of the Year – Brock Granger
- Alumnus of the Year – Mele French
- Coach of the Year – Roy Gonsalves
- Volunteers of the Year – Connie Balanay

2007

- Female Player of the Year – Ashley Shar
- Male Player of the Year – Zane Dydasco
- Alumnus of the Year – Kenji Treschuk
- Coach of the Year – Kerry Miike
- Co-Volunteers of the Year – Debbie Chan, Miles Tsuruoka

2006

- Female Player of the Year – Kelsi Chan
- Male Player of the Year – Dustin Taniguchi
- Alumnus of the Year – Brian Ching
- Coach of the Year – Jose Dydasco
- Volunteer of the Year – Ken Perske





competitive season. These two seasons are paid for by the Club. In the Spring, the U11/U12 teams play up in the U13 division. Although it seems rather daunting, some of the weaker U13 teams are not as competitive as the stronger U12 teams. The bigger opponents, longer halves and larger ball provide valuable experience for the players, as opposed to playing in the weaker recreational leagues during that time period.

Practice schedules for U12s and below during the Spring season are generally limited (1X a week, unless the players are practicing with older teams, and there is no FF or goalkeeper training unless you get DOC approval).

These are busy years for players, parents and coaches! However, it is important to insure a good transition from the younger division (led by ADOC Jose Dydasco) to the middle age groups (headed by ADOC Michael Guidry.). Here training gets a little more serious as players have the opportunity to compete at Regional tournaments and get evaluated by regional and national coaches.

Jr. Academy
by Renee Villanueva

Our Jr. Academy program has just begun training and we're off to a great start. All the players in the Jr. Academy have been selected out of our pool of Keiki Bulls players and invited by staff coaches to be a part of this program. These 5- and 6-year olds are given an opportunity to enhance their soccer abilities by having additional training, small-sided scrimmages and possible opportunities to join in with our younger teams. Each player is also given a special jersey that they will use for training and for the upcoming

Spring 2011 Keiki Bulls session. There is no additional cost to the families for this program, but they are asked to commit to the next Keiki Bulls session. The intent of this program is not only to enhance these youngsters in their soccer abilities, but to also serve as an introduction into what the Honolulu Bulls Soccer Club has to offer.

GSA Adidas Invitational Silver Division Champions
by Dave Mena

The GA-SC Bulls 1999 Girls are the 2010 GSA Adidas Invitational Silver Division Champions.

There were 5 girls from HSC Bulls that traveled with Coach Jose from December 1-6, 2010 for the GSA Adidas Invitational in Georgia.



The players in the back row (l to r): Sydnee Maiava, Haleigh Bollig, Anna Ellicott, Mallory Johnson and Mercedes Goodson. Front row (l to r): Jamie-Lynn Shimamoto, Edie Demedicis, Amy Mentrup and Mearah Bridges.

Players: U12 girls (99) – Elle Uyeda, True Dydasco & Kylie Minamishin

Players: U10 girls (01) – Sydnie Maiava and Jamie Shimamoto played with GA-SC U11's.

They had a very fun and successful trip and tournament as it was very cold weather. Even Coach Jose had to bundle up to stay warm. Congratulations to GA-SC U11 girls on winning the championship.

Jordyn Emi Inouye

Congratulations to Jordyn Emi Inouye, who gave birth to Jordyn Emi Inouye, on 12/20/10 at 9:38 am. She was 7.5 lbs and 20.5 in long.



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