



the

BULLETin

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April 1, 2006

Bulls Calendar

04/01: All Fools Day
04/05: Oahu League BOD meeting, 7:15 p.m., Hale Akoakoa 107, Windward Community College
04/08: US Youth Soccer Hawaii State Cup – Rosters Frozen for U12 – U18 Boys and Girls
04/08: Intermediate 1, Intermediate 2, Advanced Fast Foot Work Begins
04/10: 2006 National Cup V Regional – Entry Deadline
04/12: HSC Bulls BOD meeting, 07:00 p.m., 900 Fort Street Mall
04/13: Passover
04/14: HYSA State Championships – Entry Deadline for U11 – U18 Boys and Girls
04/14: US Youth Soccer Hawaii State Cup – Entry Deadline for U19 Boys and Girls
04/14: Keiki Bulls Indoor Season Begins
04/14: Good Friday
04/16: US Youth Soccer Hawaii State Cup – Check In for U12 – U18 Boys and Girls
04/16: Easter
04/22 – 23: US Youth Soccer Hawaii State Cup, Waipio Soccer Complex
04/25: Newsletter deadline for the May issue

Message from the President

Bits and Pieces:

So much will be happening over the next three months and deadlines will be upon us before we can even blink our eyes, so I thought it would be useful to review upcoming events.

Many of us will be traveling to tournaments in June and July with travel plans underway for some teams already. Once all of the teams have been determined to have

qualified by winning the State Cup tournament April 22 and 23, 2006, a travel committee will convene to coordinate activities in Boise. Managers of the traveling teams, as well as other parents interested in helping with this monumental task, will be asked to attend. For those just beginning their traveling careers as a Bull, please use those who have traveled extensively already as resources to make your trip memorable.

One very important concept to keep in mind is that we travel as a Club, not as individual players or teams. We are proud of the fact that each year all players and teams support each other in a variety of ways. For players, this may simply be respecting the curfew of the teams having to play early matches and giving them quiet accommodations. It may be cheering them on loudly if they advance out of pool play. Managers support each other with water, first aid or transporting staff as needed.

Secondly, I hope no one needs reminding that this is the time for the players to show success. This is their time in the Regional spotlight, not the parents, managers or coaches. Our job as parents, managers and coaches is to help them succeed. Players will have curfews, strict diet plans and times, team meetings and lots of down time. Those adults who choose to drive the teams must realize this is a most important role; to be available at all times to get the team to training or games on time. Vans designated for team use are only to be used for team use.

Hydration is so important, especially in the hot summer months. Hydration should start at least a week ahead of departure since it is

very difficult to catch up. A good gauge of hydration is very light urine. Hydration and proper nutrition will be critical, especially once the coaching staff begins pre-travel fitness sessions, which could take place in the dark early morning hours to simulate game time on the mainland.

Hawaii International Cup (HIC):

Once we return from Las Vegas (US Club Soccer Regionals) and/or Boise (Far West USYSA Regionals) we will be right in the thick of our own HIC tournament. Many people have been working tirelessly already to make this year's tournament even bigger than 2005.

By now, ALL Bulls teams should have registered for the 13th annual HIC in mid-July. If not, managers need to visit the website to do so as soon as possible. Having all of our teams entered is critical to getting local and foreign teams to want to participate. Managers, register online at www.hictournament.com.

This is a major fundraiser for the Club, so the Club expects teams to help with certain tasks. Managers of younger teams have assignments already on donations of food, drink and supplies. Older teams are typically in charge of set up, take down, refilling water coolers and field marshalling. Last year, the girls' teams were hits with pre-tournament lei making, outrigger paddling and hula lessons.

All in the Club should be aware by now of our HIC ad booklet, which will be similar to the 30th Anniversary Booklet from last year. The Board has provided players with a terrific and easy way to make money, by securing ad space from local businesses and then receiving a percentage of the ad fee as a finder's fee. Please refer back to previous newsletters for details and forms.



The deadline for placing ads is June 25, 2006. I encourage you to get them in sooner, that way we are as prepared as possible AND you get your money to help defray travel costs.

Please contribute to making the HIC another success for the Bulls!

"WE ARE HERE TO ADD WHAT WE CAN TO LIFE, NOT TO GET WHAT WE CAN FROM IT." William Osler

Board of Directors

By Ken Perske

Each year, five seats on the Board of Directors become available for either reelection or filling with new board members. If anyone is interested in becoming a Board member for this fantastic organization, please let me know. I will forward your names to the Nominating Committee. Board Nominations close ten days prior to the Annual General Membership meeting, which takes place on the first Saturday in June every year. Voting takes place at this meeting.

Friendly Sightings

By Ken Perske

It was so good to see some great friends from the Bulls past supporting our teams at Nomads recently. Past president, Coe Atherton, came by to wish the boys well. Her son, Tripper, was supposed to be competing there with his Big Island team, but that fell through. It was great to see her and reminisce. Likewise, Bri O'Dowd happened to be visiting friends and came by wearing the familiar black Bulls jersey. It was great to catch up with both of them. Both were instrumental in a variety of ways in the growth and development and the recognition of our Club.

Fast Foot Work

By Rick Chong

Fast foot work for the spring season begins on April 8. The coaching staff has selected the players who will be in the advanced group. All players

not selected for the advanced group will continue in the groups they were in during the winter. Fast foot work for beginners will continue in the fall season. Advanced training starts at 08:00 a.m. with Intermediate 2 training starting at 08:45 a.m. and Intermediate 1 training starting at 09:30 a.m. Reminder to all players - Be at fast foot work 15 minutes before start time for warm up.

Use of Waipio Peninsula Soccer Park Concerns - Vandalism, Dogs, Litter, Drinking, Graffiti, Racing Cars, Bikes, Scooters, etc.

Reprinted from an e-mail sent by Scott Keopuhiwa, Hawaii Youth Soccer Association

Below is a message sent out to all leagues that use the Waipio Soccer Complex (HYSA, AYSO, WISA, MISO, etc). We are constantly telling people about several things. Please inform your parents about the concerns brought up by the City & County Parks Department. If we continue to ignore these problems and HYSA members are found to have been involved, it jeopardizes use of the facility for ALL of our members.

Aloha Everyone,

My Park Caretaker, Malia Hugentugler, who takes great pride and care of the stadium field and surrounding areas has brought to my attention that there has been some vandalism damages to the naupaka and hibiscus hedges in the front of the stadium, as well as the ti leaf plant being broken at the back of the stadium. Also, sand bags have been broken with sand being thrown around the grassed area in the stadium. Sounds like kids with no parental supervision have been doing these damages. Reminder, no one should be playing in the stadium area. Any further damages that results from the various leagues that use the facilities will be to have them default their deposit or will be required to pay for the damages. The fencing in the temporary parking lot is constantly being broken. Thank

you to Conrad, James, and Ron for helping to do repairs. These fenced areas are to prevent anyone from getting hurt since these are eroded areas and quite dangerous if someone should slip.

Children and young people have also been observed hanging onto tree branches, sometimes breaking them with adults near-by. This is not only a safety hazard to them, but also damages trees that provide shade to all park users. Every adult should be responsible for telling these kids to stop damaging things in the park.

Dogs are still a constant problem in the park, league reps. and users are reminded they need to help inform their supporters that dogs are not allowed and if they do have dogs they need to remain in their vehicles.

Please help our part-time and full-time staff by asking your participants and supporters to cleanup and pickup after themselves. We have noticed increase amount of litter at end of the day especially drink items i.e. bottles.

Drinking alcohol is still not allowed. Broken glass in the parking lots is a problem not only for my staff to pickup, but also for people who aren't wearing any shoes or slippers.

Graffiti is on an increase, reminder anyone found doing graffiti will be required to remove it. Before any tournaments and event, we check for graffiti in restrooms and the rest of the park. Any thing (graffiti) found after these events, the users are responsible to do the cleanup or removal. People lining the fields are spilling paint and not cleanup up after themselves. Remember you are required to cleanup if you spill any paint on the sidewalk or parking lot areas. We will start charging people if we see further spillage not being cleaned up.

People should remember the park is not a race track, on Sundays, I have observed young adult males (possible MISO participants) speeding out of the park. Reminder, there are kids playing in the park. Thank goodness, no one has been seriously injured.



Bikes, scooters, roller blades, etc. are prohibited in the stadium area. Please help to enforce this rule.

Broken goal posts, not sure how they are being damaged, but if they are being dragged or pushed, those people doing it should be careful. We have more than one set being damaged and not useable. Right now, we are trying to get monies to replace the ones in the stadium.

With all this rain these past few weeks, I'm glad to say we were able to keep the park open for league play. We turned off the sprinkler system, early last week. Let's hope for some good weather.

Aloha, Wayne Sasaki

Practice T's and Shorts

By Debbie Chan

As promised in one of our manager's meetings, I will be ordering practice T-shirts one more time for summer travel. The two-star red T-shirt is \$12.00 and the two-star white T-shirt is \$10.00.

I also have some two-star black practice shorts (mostly adult sizes) available if anyone is interested and I have the older styles available in youth sizes. The prices range from \$15.00 - \$22.00 depending on the number of stars.

Please e-mail your orders through your team manager and I will collect payment from your team manager when the T-shirts/shorts are distributed. I would like all orders by Friday, April 14, 2006. I will not guarantee any orders given to me after this date. I know summer travel seems months away but T-shirts normally take three weeks to a month to screen and I do not want to be rushing at the last minute.

You may contact me through your team manager if you have any questions.

Keiki Bulls

By Leslie Aubrey

The Keiki Bulls Staff is happy to announce the first ever Spring Season for the Keiki Bulls Recreation

League set to begin April 14, 2006. Registration is now open to all players aged 7 through 9 years old to participate in the Spring Indoor Season. The Spring Season will consist of one training session a week beginning Friday, April 14 at Waialae Iki Park and one indoor game day a week beginning Saturday afternoon April 15 at Kailua High School gym. The season includes 7 weeks of games ending Memorial Day weekend. The final weekend of the Spring Keiki Bulls Season will coincide with the tryouts for the Honolulu Bulls competitive teams on Saturday, June 3rd at Kapiolani Park for all those interested.

Players will receive a white Keiki Bulls T-shirt and a game jersey top. The white T-shirt is for Friday training sessions and the game jersey top is for Saturday games. We encourage all players to wear black shorts with their practice shirts and jersey tops, but it is not mandatory. Because the Spring Season will be on an indoor surface, please ensure your players wear sneakers rather than shoes with cleats. The Kailua High School gym requires gym shoes and the use of gym shoes is for their safety. Shin guards and soccer socks are still required.

If you are interested in registering your child, please go on-line to www.keikibulls.com/registration.

Once you have registered your child you may pay on-line with your credit card (VISA or MASTERCARD) or mail in a check. If you pay by check, please complete the on-line registration. When prompted for payment method, please select "mail-in check", and print a copy of the registration confirmation page. Mail a copy of the registration confirmation and a check for the designated amount, payable to the Honolulu Bulls Soccer Club to the following Keiki Bulls address:

Keiki Bulls
P.O. Box 240277
Honolulu, HI 96824-0277.

For returning players from the Winter Season, please make appropriate payment (\$85 per registrant). Our

on-line system will not permit duplicate registrations from winter to spring seasons so if you have forgotten your username and password or forgot to setup a user account, please contact the Keiki Bulls Coordinator at info@keikibulls.com.

For new registrants, the fee for the 2006 Spring Season is \$85. This fee covers training fees, one practice T-shirt, one jersey top as well as registration with US Club Soccer.

Once you have registered your child, you will continue to receive updates via e-mail concerning all the details of the current and upcoming season. Should you have any problems with registration or about player eligibility, please contact the Keiki Bulls Coordinator (info@keikibulls.com) with your questions.

On the Touchline

By Leslie Aubrey

In this day and age, we believe the following two articles are relevant to our Club and our parents. Our Club is very fortunate in having so many of its parents who believe in "honoring the game". The Club would like all our parents to reread these two articles and reconfirm in their own minds what the ideals of our Club is all about. For those parents who are still unsure, the Club would like you to review its mission statement as well as the parent's code of conduct you signed at the beginning of the seasonal year.

Honoring the Game

Jim Thompson from the "Positive Coaching Alliance"

Sportsmanship seems like an out-of-date concept today when professional athletes and coaches act in ways we would not want our children to imitate. Coaches need to reverse this trend and require the parents assistance to do so.

The concept of "Honoring the Game" represents the behavior we want to model. Honoring the Game is getting to the ROOT of the matter, where ROOT stands for respect for the



Rules,
Opponents,
Officials, and
Tradition of the game.

1) Rules: Coaches and athletes must not try to get away with illegal behavior when officials are not looking. Coaches must teach athletes to respect the rules, even when it is possible to cheat without getting caught. I want our team to play within the spirit of the rules and refrain from "bending" them when it dishonors the game.

2) Opponents: Without opponents, competitive sports make no sense. A worthy opponent calls out the best in us. We must respect opponents and remember they are members of our community. We want to try our hardest to win but not at the expense of demeaning or demonizing our opponents. I intend to show respect for my fellow coaches and teams and teach it to my athletes.

3) Officials: Officials have been selected and trained to enforce rules to keep sports from degenerating into chaos. Officials are not perfect (just like coaches, athletes and parents!) and sometimes make mistakes. However, there is no excuse for treating officials with disrespect when they make errors. I want my players and their parents to show respect for officials even when they disagree with the call.

d) Tradition: The game our children play has a great tradition. As a coach, you want to share that tradition with your athletes. You want your team to play the game in such a way that all of us can be proud of them.

Here's how the parents can help:

1) Let your child know that you want him or her to honor the game. Discuss the meaning of each element of ROOT with your child. This idea may be difficult for younger children to understand so you may have to adapt the idea to the age and understanding of your child.

2) Be a good role model. Honor the game when you attend your child's games. Cheer our team and the opposing team when good plays are

made. If, in your opinion, an officiating mistake is made, refrain from yelling at the official. Use this as an opportunity to think about how difficult it is to officiate a game perfectly.

View from the Rock, Life Lessons

Reprint by permission of Rocky Harmon, Technical Director, Silverbacks Soccer Club

The phone rings. It is a soccer parent, and they have a complaint. It seems that Julie played only half of yesterday's game. And to make matters worse, the coach played her in defense instead of up front! My caller is demanding that their daughter play as much as anyone else, and that she does so in her rightful spot – striker!

The above scenario has been played out far too often in my career as a Coaching Director. Complaints about playing time and positional choices are often heard by coaches in my occupation. Although all coaches face these problems on some level, it is the youth soccer club coach who must endure the most.

Parents are slower to criticize the high school coach, unless they want to sell their house and move to another district. However, they CAN change clubs, or worse, bring pressure on the other parents to change (get rid of) coaches. The only loyalty is to their kid, not the team or club – not to mention the game itself.

This lack of club loyalty and willingness to jump ship is a major factor in the lack of player development in this country. Worse, burnout of top level players in teenage years is a direct result of these overbearing parents.

Parents need to step back and let the game teach their kids some of the life lessons sports can teach. You don't always win. You don't always get to play striker. If you want to play more, work harder in training. Soccer is by no means the only sport that can teach these lessons, but the youth soccer parent

many times circumvents this learning process by their interference.

One only has to look at the top local players, to see supportive parents who let their kids find their own way in the game. No screaming on the sideline, no 10:30 p.m. calls to the coach. Just parents who teach the passion for effort, for the right to compete. As former pro golfer Mike Reid said "sports is like life with the volume turned up". We need to let our children hear it, but we can't listen for them.

Go to training. See if your child is enjoying themselves. Are they active? Are they learning? Are they getting multiple touches? If the answers to these questions are yes – then relax and step back. This is not the last time they may be in a less than ideal situation. Let's see how THEY deal with it. If we solve all the problems for our children, how can we expect them to be able to overcome obstacles later in life?

If we go to the game and coach from the sideline, aren't we making decisions for these players that they should be making themselves? It's time we let the players play, and then we will see some real development; not just quality players, but quality young adults.

Trivia Question:

By Ken Perske

Congratulations to Cameron Holm and Aaron Libed for simultaneously answering last month's trivia question correctly. Casey Keller was the correct answer.

This month's question is; Who asked these naïve and unenlightened questions recently? "Come on, the World Cup isn't the Olympics. Who cares? Does it mean anything?"

I certainly was mad after reading it the first time, and then I saw who said it and realized that no one would care.

First correct response to kperske@hawaiiantel.net wins the prize.