



the

# Bulletin

Volume 6, Issue 5

May 1, 2003

## Bulls Calendar

05/03 - 04 Snickers State Cup U13, U15 and U18 Boys and Girls - Oahu

05/03 - 04 Snickers State Cup U16 Boys and Girls - Big Island

05/04 HSC Bulls Coaches meeting, 7:30 p.m., Paki Hale

05/07 Oahu League BOD meeting

05/10 Roster Freeze Date for Hawaii Youth Soccer Association (HYSA) State Championships

05/10 Roster Freeze Date for U19 Boys and Girls Snicker's State Cup

05/11 Mother's Day

05/13 HSC Bulls BOD meeting, 7:00 p.m., Hawaiian Brian's

05/17 End of Fast Footwork Skill Training

05/18 HSC Bulls Coaches and Managers meeting, 7:00 p.m., Paki Hale

05/20 Newsletter deadline for June issue

05/24 - 26 Snicker's State Cup U19 Boys and Girls - Oahu

05/24 - 26 U11 - 19 Boys and Girls HYSA State Championships - Oahu

## Annual General Meeting

By Ken Perske

The Honolulu Bulls Soccer Club (HSC Bulls) holds their Annual General Membership (AGM) meeting on the first Saturday in June each year. This year the Club tentatively scheduled the AGM from 3:00 - 5:00 p.m. at the Wesley United Methodist Church meeting hall, located at 1350 Hunakai near Zippy's in Kahala. New Board Members are elected in this meeting. Please mark your calendars and plan to attend. Your manager's will let you know if there are changes in location or time.

## Dreams of Olympic Gold

By Candy Smiley

Recently I had the privilege to hear Dr. Dot Richardson speaking at a presentation for the Honolulu Junior League. For those of you, like me, who don't know, Dot was a member of the 1996 and 2000 Olympic women's softball teams. She hit the first women's softball Olympic homerun and also is a well respected neurosurgeon.

When Dot Richardson was seven she witnessed her first Olympics and began to dream of one day leaning over the podium and having the Olympic gold draped around her neck. Dot's dream grew to fruition. After the 2000 Olympics, she returned to work at the hospital. She arrived to great fanfare and decided to share her medal with the kids in the hospital children's ward. This is where her story has inspired me and changed the way I look at our lives forever.

Dr. Dot entered the room of a little girl who had brain surgery four days earlier. Her mother and sister were with her as Dot entered the room. She allowed the little girl to hold her medals. The little girl asked Dot, "Is it real gold?" After her reply and on the way out she noticed that both mother and sister were in tears, as well as the nurses in the room. Dot asked if everything was all right. Had she done something wrong? The nurse replied, "This little girl hasn't spoken a word in the four days since her surgery."

As I held Dot's gold medals in my hand, I realized it doesn't matter how many gold medals you have, how much money you make, or what kind of car you drive. What matters is the contribution you make in the lives of those around

you. Every day we have great opportunities to make a difference in our communities and in our own families.

As athletes, I encourage you to make a difference and dream big. Remember, smaller eyes are watching. I dream repeatedly of winning the Far West Regional Soccer tournament on Hawaiian soil. I asked Coach Mike if he wanted me to suit up, but our roster is full.

## Fore!

By Ken Perske

The HSC Bulls will be having a fundraising golf tournament this year. This will be a lot more fun than selling chickens or washing cars, although those two fund raisers are not ruled out! Mark your calendars for Wednesday, 29 October for this great event. It will be at Kapolei Golf Course. Please watch the next few newsletters and check with your managers for details on how to sign up, preferably with a threesome. Also, if you have great ideas on personal donations for door prizes, or if you know someone of your associates that might want to donate something, let any board member know so we can pursue.

## Boys High School Soccer

From the Star-Bulletin

If you happen to see these young men, congratulate them on their selection to the League All-Star Boys Soccer.

From the Big Island Interscholastic Federation (BIIF), North honorable mention is Eli Bowman.

From the Interscholastic League of Honolulu (ILH), player of the year is Richard Higa. First team honors goes to Vito Higgins, goalkeeper; Makena Carr, fullback; Tamatoa



Hackney, David Gualdarama and Richard Higa, midfielders and Stephen Carlson and Satoshi Mitsuda, forward. Second team honors goes to David Semenza, goalkeeper; Tim Picerno and Jaryd Yee fullbacks; Dyrk Teramae and Brandon Tario, midfielders and Kauai Wong, forward.

From the Oahu Interscholastic Association (OIA), on the east first team is Jeremy Patton, defense and Max Anton, offense. East second team is Troy Uehara and Michael Rivas-Micoud, defense; Chris Morales and Winston Yee. The west player of the year is Shauncey-Blaine Saito. On the west first team is Shauncey-Blaine Saito, defense. On the west second team is Justin Kim and Kenshiro Uki, offense.

In addition, the Bulls players on the 2003 All-State Boys Soccer Team, starting with the first team, are Makena Carr and Shauncey-Blaine Saito, fullback; Tamatoa Hackney, David Gualdarama and Justin Kim, halfback and Stephen Carlson and Satoshi Mitsuda, forward. On the second team are David Semenza, goalkeeper; Kenshiro Uki and Richard Higa, forward.

**Oh! My aching feet!**

By Ken Perske

Just an observation. I have noticed at practice that lots of our younger players have shoes that are way too big for their precious feet. I have visited many soccer stores and the reputable and honest ones confirm what coaches have told me that the shoe should be snug, with the toes touching right up against the shoe inside when standing. If there is any wiggle room, the player is setting themselves up for blisters, at the least, and arch and heel damage at the worst. Heel and arch pain can sideline players for weeks or months.

Please consider this when you are going for that next pair. Don't buy the next size up to last longer because the feet are growing. We

want the kids to have happy feet so we can enjoy them on the pitch.

**College Bound**

By the Family

Richard Higa, first team Honolulu Advertiser's All League Selection and 2003 ILH Player of the Year, has signed a letter of Intent to play at University of Massachusetts, Amherst. He also received additional scholarship offers from Northwestern University and University of Portland.

Richie is the co-captain for the HSC Bulls 85 team which has won 6 straight HYSA Championships as well as the Euro Youth Cup in Holland and the San Diego Surf Cup the past two years. He was able to showcase his skills with Region IV ODP teams as well as at the Adidas ESP Camp.

He began his Bulls career at age 10 under Coach Les Aubrey, who instilled Richie's passion and enthusiasm for the game of soccer. Coach Les also coached Richie's three other siblings including now-assistant Coach Jen Higa.

He honed his skills under coaches Jeff Carlson, Ray Shiraishi, Mike Guidry and DOC Phil Neddo and credits his success to the dedication of all these coaches. He is looking forward to the collegiate level of competition.

His advice to upcoming players - "Dare to live the dream."

**Wax On, Wax Off!**

By Ken Perske

The HSC Bulls is always pleased to help Bill Like and his staff of volunteers give Waialae Iki Park a facelift each June when the park is closed for some "R and R." This year he has set aside Saturday, 7 June as the clean up day and the major task will be primarily to paint the bathroom building. Please mark your calendars to help. Last year we had so many volunteers we were done by 10:00 a.m., so lets do the same this year. This is a great way to give back to the Club, the park and the community. See you there!

**College Prep Workbooks**

For those who missed the two College Seminars presented last month by Chad Blake, National Seminar Director for The Sport Source, the Club still has a few of the college prep workbooks left. These workbooks are ideal for players starting at the freshman level up through their senior year. If interested, President Ken Perske has the workbooks available for \$20.00.

**Golf Tournament**

By Michael Stollar



This October the HSC Bulls plan to host a golf tournament as a fundraiser meant to supplement the

Club's operating budget. For those of you unfamiliar with golf tournaments, they are an excellent means of raising funds from outside sources. However, to entice players and sponsors to contribute their money we need to make the tournament an appealing and engaging event. To do so, we need your help.

Golf tournaments typically award prizes to participants as a means of thanking them for their attendance and contributions. We would, therefore, greatly appreciate any products, services, or funds you, your team, or your company could contribute. These donations help us attract golfers and ensure that the Bulls tournament is a noteworthy one, which golfers will look forward to year after year. In addition, we will highlight your contribution and promote you/your company's name during the tournament.

In this tournament, each team is comprised of three golfers. Awards are presented to teams and to individual golfers. In addition, door prizes (prize drawings) are awarded.

To this end, five categories of donations are being sought. See the donation list below.



We are asking all teams to make donations. We are able to accept donations as soon as you can provide them.

Sometime in May I will attend a managers meeting to provide additional details. In the meantime, if you have any questions or thoughts please, do not hesitate to call me -- Michael Stollar, at 286-5586 or e-mail me at [mbschs@hawaii.rr.com](mailto:mbschs@hawaii.rr.com). I am also at Waiialae Iki on Mondays, Wednesdays and most Fridays from 4:30-6:30pm.

## Donations Needed

Team Grand Prizes (\$50-\$100+ value per item, groups of 3) – 5 sets of three needed

### Suggested Donations

- Interisland, Las Vegas or other travel awards – complete (air, room, car) or air only
- Restaurant or Shopping Gift Certificates in \$50-\$100 denominations
- Large Electronics – large-screen TVs, DVD players, etc.

Team Large Prizes (\$25-\$50+ value per item, groups of 3) – 10 sets of three needed

### Suggested Donations

- Restaurant or Shopping Gift Certificates
- Golf Gift Certificates (rounds of golf at attractive courses)
- Stage/Theatre/Symphony Tickets
- Medium-size Electronics – home CD/DVD players, walkmans, etc.
- Midrange priced golf equipment (golf bags, etc.)
- High-end clothing – signature shirts, wind vests, jackets

Team Consolation Prizes (\$10-\$25+ value per item, groups of 3) – 30 sets of three needed

### Suggested Donations

- Drive-in and store gift certificates
- Golf equipment - golf balls, caps, umbrellas

- Small electronics – clock radios, portable CD players
- Tee shirts
- Cases of mid- to high-end beer
- Sporting goods – basketballs, etc.

Individual Prizes (\$75-\$100+ value each) – 8 needed

### Suggested Donations

- Interisland, Las Vegas or other travel awards – complete (air, room, car) or air only
- Restaurant or Shopping Gift Certificates
- Large Electronics – large-screen TVs, DVD players,
- Golf Gift Certificates (rounds of golf at attractive courses)
- Stage/Theatre/Symphony Tickets
- High-end golf equipment (golf bags)
- High-end clothing – signature shirts, wind vests, jackets

If you have other items that are not on this list, please do not hesitate to donate them. The more door prizes, on-course prizes and fun giveaways we have, the more buzz we can create for this and future tournaments.

Thanks in advance for your generosity and support of our Club!

### **More Bulls Players in the News**

From the Star-Bulletin

Star-Bulletin All-State fullback Makena Carr is the furthest thing from a scoring machine, but he was a guiding light for the Punahou soccer team this season.

While other all-state selections (chosen after consultation with coaches from throughout the state) such as Whitney Shimatsu and Justin Kim of Mililani and Satoshi Mitsuda and Stephen Carlson of the Buffanblu were basking under the bright spotlights at the state tournament, Carr was just doing his thing.

His thing was playing rock-solid defense and making well-timed

and efficient clearing passes. In a word, unsung.

"He's one of the guys you don't see," Punahou coach Bob Clague said. "He doesn't score many goals or get many assists, but he certainly stops the other team. He's very intelligent in the way he plays and doesn't get flustered. He also brings up good ideas in practice. Very mature."

Carr will forever be asking, "What if?" concerning his team's 2-1 double-overtime loss to the Trojans, but he and players on both sides are likely to look back with great fondness on the season finale at the Mecca of soccer fields in the state, the stadium at the Waipio Peninsula Soccer Park.

"It wasn't an absolute perfect ending, but it was an amazing feeling that we're always going to remember -- on that perfect field with 3,000 fans and your best friends and family watching," Carr said.

He was one of five Punahou players chosen to the All-State's first or second team.

Carr said he talked to coaches at Notre Dame, New Mexico and Air Force, but California is his first choice and he'll probably go there if accepted, even if he doesn't play soccer.

### **Paradoxes of our Times**

Reprint by George Carlin

The paradox of our time in history is that we have taller buildings but shorter tempers, wider freeways, but narrower viewpoints. We spend more, but have less. We buy more, but enjoy less. We have bigger houses and smaller families, more conveniences, but less time. We have more degrees but less sense, more knowledge, but less judgment, more experts, yet more problems, more medicine, but less wellness. We drink too much, smoke too much, spend too recklessly, laugh too little, drive too fast, get too angry, stay up too late, get up too tired, read too little, watch TV too much, and pray too seldom. We have



multiplied our possessions, but reduced our values. We talk too much, love too seldom, and hate too often. We've learned how to make a living, but not a life. We've added years to life not life to years. We've been all the way to the moon and back, but have trouble crossing the street to meet a new neighbor. We conquered outer space but not inner space. We've done larger things, but not better things. We've cleaned up the air, but polluted the soul. We've conquered the atom, but not our prejudice. We write more, but learn less. We plan more, but accomplish less. We've learned to rush, but not to wait. We build more computers to hold more information, to produce more copies than ever, but we communicate less and less.

These are the times of fast foods and slow digestion, big men and small character, steep profits and shallow relationships. These are the days of two incomes but more divorce, fancier houses, but broken homes. These are days of quick trips, disposable diapers, throwaway morality, one night stands, overweight bodies, and pills that do everything from cheer, to quiet, to kill. It is a time when there is much in the showroom window and nothing in the stockroom. A time when technology can bring this letter to you, and a time when you can choose either to share this insight, or to just hit delete.

Remember; spend some time with your loved ones, because they are not going to be around forever.

Remember, say a kind word to someone who looks up to you in awe, because that little person soon will grow up and leave your side.

Remember, to give a warm hug to the one next to you, because that is the only treasure you can give with your heart and it doesn't cost a cent.

Remember, to say, "I love you" to your partner and your loved ones,

but most of all mean it. A kiss and an embrace will mend hurt when it comes from deep inside of you.

Remember to hold hands and cherish the moment for someday that person will not be there again. Give time to love, give time to speak and give time to share the precious thoughts in your mind.

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**2003 MISO Junior League**

From Island Soccer

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***For The Future of the Game!***

**Teams:** All United States Youth Soccer Association (USYSA), American Youth Soccer Association (AYSO), Soccer Association for Youth (SAY), and US Club Soccer affiliated Boys and Girls youth teams in the U12, U13, U14, U15, U16, U17, U18 and U19 age groups.

**Age Groups:** All teams will be placed in the U12, U14, U16, and U19 age groups unless there are a number (4 or more, preferably from different clubs) of teams in a single age group which allows the grouping of that single age group.

**Location:** All games will be played at Waipio Soccer Complex.

**Dates:** All Saturdays, September 6, 13, 20, 27, October 4, 11, 18, 25<sup>th</sup>, with November 1st, as a rainout date for all except ILH Varsity Girls who have begun their season.

**Times:** All games will be scheduled from 8am to 6pm.

**Number of Games:** Seven appropriate full-time 11-a-side games.

- U19 - 90 minutes
- U16 - 80 minutes
- U14 - 70 minutes
- U12 - 60 minutes

**Referees:** Three certified officials (one center, two assistant referees) per game.

**Rules:** FIFA rules applied with unlimited substitutions.

**Rosters:** US Club Soccer rules apply. Unlimited roster (only 18 can participate in a game) in the appropriate age group with the appropriate club. No guest players

(Non-affiliated with the CLUB playing) allowed.

**Insurance:** US Club Soccer and US Soccer Affiliates (USYSA, AYSO, and SAY)

- Fees:** U19 - \$320  
 U16 - \$300  
 U14 - \$270  
 U12 - \$250

**Administration:** The MISO league will administrate the League. The commissioner of the MISO Junior League (MJL) will be the present MISO President, Sergio Bolioli. He can be reached at the following numbers: 521-4226 (h), 722-8889 (c) or via e-mail at [misojuniors@hotmail.com](mailto:misojuniors@hotmail.com).

**Admission is limited and it will be based on a first come first serve basis. Interested teams should reply ASAP. Please make all checks payable to MISO. Mail to:**

**775 Kinalau Pl. #1903  
 Honolulu, Hi, 96813**

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**Fund Raiser – U11 Boys**

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The U11 Boys pool, a.k.a. Coach Sullivan's team will have a car wash fund raiser in the Hawaii Kai Towne Center (near Costco) in Hawaii Kai on Saturday, May 3, 2003 from 8:00 a.m. until 3:00 p.m. Cars are \$5.00 and SUVs, Vans and Trucks are \$7.00 to \$10.00. See you there!

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**Fund Raiser – U12 Boys**

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The U12 Boys (one of Coach Bri's team) will be holding a Pizza Night Fundraising Event on Thursday, May 1, 2003. Please go to our web site, <http://www.hscbulls.com>, to download the claim check that must be used. The details are included on the form.