



the

Bulletin

Volume 6, Issue 4

April 1, 2003

Bulls Calendar

- 04/02 Oahu League BOD meeting
- 04/05 Start Spring Fast Foot Work
- 04/05 Start U13 – U16 Spring Season
- 04/06 HSC Bulls Coaches and Managers meeting, 7:00 p.m., Paki Hale
- 04/08 HSC Bulls BOD meeting, 7:30 p.m., Hawaiian Brian's
- 04/12: Hawaii State Championship Entry Deadline
- 04/12 Roster Freeze Date for U14 and 17 Boys and Girls Snickers State Cup
- 04/13 – 20 Dallas Cup, Texas
- 04/18 Good Friday
- 04/18 3v3 Tournament U12 - U19
- 04/19 Roster Freeze Date for U13, U15, U16 and U18 Boys and Girls Snickers State Cup
- 04/20 Easter Sunday
- 04/20 Newsletter deadline for April issue
- 04/26 - 27 U14 and U17 Boys and Girls Snickers State Cup, Maui

President's Message

Turnout for DOC Neddo's Town Meetings has been terrific. So far, he has met with parents of the U7-15 age groups. Hopefully all of you will take advantage of these open forums to see why the coaches and the Board of Directors are so committed to this Club. The Club's mission is Coach Neddo's vision. Player development is our ultimate goal. Coach Neddo stresses keeping things in perspective. (Remember the Chinese water pot in last

month's newsletter!). Perspective is the ability to perceive things in their actual relationship or comparative importance; or how subjects relate to each other and to a whole. The Club may be perceived as just wanting to win everything, make parents spend their hard earned dollars on uniforms and travel; but in reality our direction is to produce well-rounded individuals who just happen to love the beautiful game of soccer! And, they want to excel in soccer at a level as high as can be achieved. This could be high school, college, in the National pool or by playing "across the pond."

Our excellent coaching staff provides most of the tools for the players to achieve their goals using Coach Neddo's philosophy and curriculum, i.e. the Bulls system. What limits them is the local experience in both the number of games played and the level of play. This explains why you see Bull's teams routinely playing two years up. Or why you see girls playing on boys teams. This is why some teams are expected to travel and all players are encouraged to travel. The HSC Bull's product is all of this. Success is not achieved without hard work and sacrifice.

At all levels of the Club, volunteers are doing the work to continue our vision, Phil's vision. All of the Board of Directors has, in some way, seen that Coach Neddo's philosophy can be successful. This year we have more players signing for colleges than ever. The Bulls board, coaches and managers are 100% behind the mission statement. There certainly are disagreements on method and

style, but they see the end-product being realized every season. Obviously, parents who support the Club by enrolling their children feel the same. Kids need structure, discipline, athletics, and a family away from home. On behalf of the Board of Directors and the coaching staff, I applaud you for being so perceptive and for wanting to be a part of the Honolulu Bulls Soccer Club family!

Volunteerism

By Ken Perske

A big MAHALO to Miles Tsuruoka and Verizon. Because of Miles' extraordinary volunteer efforts as both coach and board member, his employer, Verizon, Hawaii has donated \$500 to the HSC Bulls. Please thank him when you see him at the field.

Some Suggestions

By Ken Perske

There are many teams traveling this summer. Training sessions for the Regional and mainland tournaments will no doubt intensify. We have several players with exercise-induced asthma in the Club and it may be worth your while getting a tune up before the fun starts! Make sure you have your prescriptions up to date. Asthmatics need six to eight glasses of water a day, so start now. Take your medications before training, if advised to do so by your doctor.

Some of the traveling and Regional teams have started running already. Snacks right before training are not advisable. Try not to eat anything during the last two hours before practice.



Managers, if you can, it may be a good idea to have ice bags available at training sessions.

Coaches, give the manager of your team a heads up, especially if running is planned.

Tryouts

By Ken Perske

“Reputation is what others perceive you to be. Character is what you are.” John Wooden

For those who drove past Waiialae Iki on Sunday, March 16, you witnessed the entire Kokohead side of the field occupied by Bulls youth and the children trying out for the Club. I have had several e-mails and personal comments in conversations on what a great turnout we had. More importantly, the comments were all highly complimentary of the staff. As Les Aubrey continues to expand the Keiki Bulls Recreation League and our excellent coaches continue to nurture players, our character and reputation continues to grow. The future of the Club is the Keiki Bulls.

Great job one and all.

National Diploma Course

The National Diploma is a 50-hour course designed to meet the needs of the more experienced coach, particularly those coaching at the high school level and above, or youth coaches with previous certification and a number of years working with the developing player.

The overall objective of the National Diploma course is to acquaint the coach with the needs of the American soccer player and provide an organized and progressive methodology of coaching those needs. Basic technical and tactical knowledge is the central theme of the course in a six versus six model. The course includes sessions on the teaching process, psychological skills training and Laws of the Game. Participants receive a curriculum which outlines the course content and includes

valuable resource material. Testing includes oral, written and practical (coaching) evaluations. Applicants must be at least 18 years of age.

Briana O’Dowd, Miles Tsuruoka, Mike Luken, Mike Stollar, Derek Kato, Shelby Steel, Jordan Inouye and Jennifer Higa all had their own reality adventure with the NSCAA diploma. Six grueling days of heat, sweat and hard labor with days starting at around 5:30 a.m. and ending about 9:30 p.m. Then you had to prepare for the next day. The best of luck to these Bulls coaches in passing the course.

Girls High School Soccer

When you see the following girls, congratulate them on their selection to the League All-Star Soccer Girls.

From the Big Island Interscholastic Federation (BIIF), the South Player of the Year is JoBette Nabarro, midfielder.

From the Interscholastic League of Honolulu (ILH), Allison Lipsher, goalkeeper; Patricia Wong, fullback; Britta Bourne, forward are on the first team. Monica Yempuku, fullback; Rachael Lau, Allison Tsuchida and Tiara Hong, midfielders and Kristen Chung and Mariko Strickland, forwards are on the second team.

From the Oahu Interscholastic Association (OIA), the East Player of the Year is Aimee Watanabe. Lindsey Watanabe, offense, is on the East second team and Eryn Kishimoto, goalkeeper; Jennifer Loo, Liane Tom and Nicky Harris, offense are on the West first team.

In addition, the Bulls players on the 2003 All-State Girls Soccer Team starting with the first team are Allison Lipsher, goalkeeper; Jennifer Loo, halfback and Britta Borne, forward. On the second team are Eryn Kishimoto, goalkeeper, Rachael Lau, Nicky Harris, JoBette Nabarro and Aimee Watanabe, midfielders. Honorable

mention goes to Liane Tom, Tiara Hong and Ashley Collins.

More Bulls Players in the News

The Sunday, March 23 Honolulu Star-Bulletin, quoted Adrian Campbell, Hawaii Player of the Year as saying “...the play of center midfielders Allison Tsuchida and Rachael Lau [both Bulls players] played a huge factor in the team’s [Punahou] success.” She went on to say, “They were always giving me great balls, always out of the defenders’ reach. They made it easy for me to pick up the ball and do what I needed to do. Without their precision, I don’t know what I would have done.”

Spring Break Soccer Camps

By Briana O’Dowd

Thanks to those who participated in the first Spring Break Ultimate Challenge Soccer Camp and the “Some Play for Keeps” Goalkeeper Camp. The Ultimate Challenge coaching staff, led by Kyle Fukuchi, Shelby Steel and assisted by Ashlee Doi included college players from University of Washington - Richard Harr, Seth Marsh, Dayo Oyetuga and Danny Waltman. It was a great camp with 53 campers. Camp Director was Briana O’Dowd with a lot of assistance from Quintin Bray. Denis Nonaka administered the “Some Play for Keeps” Goalkeeper Camp. Josh Fouts, the goalkeeper coach for the University of Hawaii Wahine Soccer team, was the clinician coach. Andrew Strait-Jones, (U-13 Boys) was the demonstrator for the drills. Ten participants had a great time in spite of the rain on the first day of the camp. The Club looks forward to doing both camps again next spring.





College Prep Seminars

By Karen Ehrhorn

In keeping with the Club's mission "...to educate and develop youth players to their highest potential through the game of soccer," the Club sponsored two college prep seminars on March 21 and 22 by Chad Blake, National Seminar Director for The Sport Source. See www.thesportsource.com for more information, or call 1 (800) 862-3092.

Chad presents an overview of colleges and universities and their requirements, athletic divisions in which they play, admission practices and the role athletics plays, and then what coaches expect from players wanting to play for their school. Most importantly, he focused on how players must be proactive to be noticed and get a scholarship. Of course, he emphasized that grades are the number one opportunity maker for soccer players--get good grades in high school and your opportunity for college expands. The presentation was about 90 minutes long with a question and answer session at the end. The first presentation for the Bulls players was on the ship Kulamanu, docked next to the Hawaii Maritime Museum. Thank you Koen Witteven for making this wonderful venue available. Players from 8th grade and up attended along with their parents, and many purchased the workbooks to have the information presented at their fingertips. Three Bulls players won the drawing for a free "The Official Athletic College Guide - Soccer" that includes detailed academic and athletic profiles for over 1,000 college soccer programs.

The presentation for the public was at Kapiolani Community College (KCC) on March 22 and attended by three families. Chad's presentation was just as thorough and enlightening. Two years ago, a similar presentation at KCC attracted hundreds of because

information had been disseminated through ODP. It is unfortunate more could not have take advantage of this free seminar.

The Club will continue to support college prep activities. Look for more in the fall!

Garage Sale

By Marion Wasko

When: Saturday, 4/12/03
Where: 4243 Pahoa Avenue
Honolulu, HI 96816
Time: 7 a.m. to 2 p.m.

The U9 Girls (HSC Bulls 94G) are fundraising for their first trip to the 2003 San Diego Surf Cup in July. Any support you can provide will be much appreciated. You will find Jamba Juice mugs, chocolate chip cookies, water, earrings, cornbread, soda, gift bags and guri-guri along with other "treasures" for sale. For more information, contact Marian Wasko at 595-5131.

Warm Ups

By Marilyn Nonaka

The Bulls U11 Girls team is looking for second hand warm-ups, jacket and pants, that older players may have outgrown. This would be either the red/black Copa or red/black Copa 2000.

Some of our girls have outgrown their current YL sizes and need to find either YXL or AS sizes.

if there is any player who has outgrown the warm-ups and willing to part with it, please contact Marilyn Nonaka at 396-9168.

Car Wash

By Glen Okazaki

The Bulls U11 Girls team will be holding a car wash at the Hawaii Kai Town Center shopping center in the Costco shopping area on Saturday, April 12 from 8:00 am. to 3:00 pm. Cost per car is \$5 and \$7 per van

Fast Footwork

Fast footwork session begins on Saturday, April 5th. Due to the

Spring season for U14 and over, the times have changed. The intermediate session will begin at 8:00 a.m., the advanced session at 9:00 a.m. and beginner session will start at 10:00 a.m.

Recruiting Rules

Submitted by Ken Perske

High School Freshmen and Sophomores

Written: College coaches may only send you a questionnaire, a letter explaining the rules, a referral to admission, and a camp brochure. This is all they may send you - nothing else. You may write to college coaches as often as you like.

Telephone: College coaches may not telephone you at all. Not even to return a call from either you or your parents. You may call college coaches as often as you like.

Evaluations: College coaches may watch you play a limited number of times during the academic year. They may watch you play an unlimited number of times during the summer.

Off-Campus Contact: College coaches may not have any off-campus contact with you or your parents other than a civil exchange of greeting.

On-Campus Contact: You may visit college campuses as often as you like at your own expense. When you are on a college campus, you may meet with the coach.

E-mail and Faxes: E-mail and faxes are treated the same as written correspondence. College coaches cannot send you any e mail or faxes except if they were to send a questionnaire, camp brochure or explanatory letter.

High School Juniors

Written: Starting September 1 of your junior year in high school, college coaches may begin to send you recruiting letters and information on the school and the soccer program.



Telephone: College coaches may not telephone you at all. Not even to respond to a message left by you or your parents. You may call college coaches as often as you wish.

Evaluations: College coaches may watch you play a limited number of times during the academic year. They may watch you play an unlimited number of times during the summer.

Off-Campus Contact: College coaches may not have any off-campus contact with you or your parents other than a civil exchange of greeting.

On-Campus Contact: You may visit college campuses as often as you like at your own expense. When you are on a college campus, you may meet with the coach.

E-mail and Faxes: E-mail and faxes are treated the same as written correspondence. College coaches may send you faxes and e-mail messages as often as the coach likes starting September 1 of your junior year in high school.

High School Seniors

Written: College coaches may continue to send you recruiting letters and information on the school and the soccer program.

Telephone: College coaches may telephone you or your parents one time per week beginning July 1 prior to your senior year in high school. You may call college coaches as often as you wish. (There are several exceptions to this rule. For example, coaches may call an unlimited number of times during the five days prior to your official visit. They may also call an unlimited number of times the day of an arranged off-campus contact.)

Evaluations: College coaches may watch you play a limited number of times during the academic year. They may watch you play an unlimited number of times during the summer.

Off-Campus Contact: College coaches may have a limited number of off-campus contacts with you or your parents other than a civil exchange of greeting.

On-Campus Contact: You may visit college campuses as often as you like at your own expense. When you are on a college campus, you may meet with the coach. These visits are termed "Unofficial."

Official Visits: You may visit five institutions on official visits. An official visit is a visit where the school pays all or part of your expenses. You may only take one official visit per school. You may make official visits beginning the first day of class of your senior year in high school.

E-mail and Faxes: E-mail and faxes are treated the same as written correspondence. College coaches may send you faxes and e-mail messages as often as they like.