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# Bulletin

Volume 5, Issue 1

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## President's Message

If you've not read the book, Who Moved My Cheese, by Spencer Johnson, you should. It has been on the New York Times Bestseller list for as long as DOC Neddo has been with the Club. It addresses change; how inevitable and necessary change is.

Seven ideas are explained, but briefly, they are:

- CHANGE HAPPENS
- ANTICIPATE CHANGE
- MONITOR CHANGE
- ADAPT TO CHANGE QUICKLY
- CHANGE
- ENJOY CHANGE!
- BE READY TO QUICKLY CHANGE AGAIN AND AGAIN

We are starting a new year and have started to "move the cheese". . . again! The Club has taken another giant leap forward for its members and for soccer in Hawaii by hiring Jean Paul Verhees as its second Assistant Director of Coaching. His experience in coaching women's soccer spans two decades. His experiences playing and coaching in the United States and internationally will enhance our players tremendously both now and after they move forward from the Club. Many of you have already witnessed J.P. in action at the last two ProXtreme camps. He is a most welcomed addition to the Bulls family, so please spread the Aloha spirit when you see him at the field.

Good luck to all in the upcoming season and a million thanks to all who made 2001 a very successful soccer year!

Enjoy Change!

Ken Perske

## From the Director of Coaching . . .

2002! Happy new Year to you all! This is often a time of renewal and new resolutions, but not for the HSC-Bulls. We are still committed to the same things we set out to do four years ago, but maybe with a new vigor.

We are still committed to the development of the youth soccer players of Hawaii. We are seeing many achieve the goals we have set for ourselves in State, Regional, and National recognition through the Olympic Development Program. Seven HSC-Bulls' players were invited to participate in a national-level ODP event in 2001. Many were, and are, high school varsity athletes; quite a few are freshman varsity players; many of them are stars in the interscholastic games you watch. Many of our 2001 graduates were playing in college this past fall at schools such as Penn State, Washington State, Western Oregon, Gonzaga, Chapman, Oglethorpe, Oregon State, etc. Our senior class of 2002 already includes students who have been on over 15 official college visits at NCAA Division I institutions and many other college visits. Some of them have already committed to university programs including Cornell, Princeton, BYU, and Oregon, turning down, in the process, invitations from other outstanding programs such as Harvard, Cal Berkeley, UH, Oregon State, William & Mary, Idaho State, LMU, Brown, just to name a few. In the Red and Black, our 2001 teams have won two Far West Regional medals, had four quarter-finalists in those same Regionals, won the Surf Cup, reached the semi-finals of the Girls Surf Cup U19 Super Group, and won more State, Oahu Cup, HIC, and Snickers

## Bulls Calendar

1/15 Bulls deadline for team reservations for U13-U19 Spring Season

1/15 BOD meeting, 7 p.m., Hawaiian Brian's

1/16 Oahu League Coaches Meeting for U13-U19 Spring Season

1/20 Newsletter deadline for February issue

1/20 Coaches and Managers Business meeting, 7 p.m., Paki Hale

2/1 Oahu League deadline for team reservations for U13-U19 Spring Season

2/3 Bulls Coaches meeting, 7 p.m., Paki Hale

2/16-18 Tide HYSA Cup, U8 - U12

## In This Issue

New Assistant DOC

Pro interviews

ProXtreme Wrap-up

Jamboree

Staff Assignments

Proxtreme t-shirts



Championships than at any other time in our Club's history or the history of any other club in one year in Hawaii. Your Director of Coaching has just returned from a trip to Europe where he was establishing the network for exchanges in players, coaches, and playing and training opportunities with some of the most prestigious European professional soccer clubs. Yes, 2001 was a good year, though some may have wished us only sadness (9-11)! But this time is a time of "new" resolutions but of affirmation of the same "old" ones. We are still committed to the development of the youth soccer players of Hawaii by establishing in this state a nationally and internationally recognized soccer club. The Board of Directors has shown tremendous courage and boldness at the close of this past year when they reached out to bring more professionals to the coaching staff. The HSC-Bulls was the first club in Hawaii to hire a full-time professional coach. Since the hiring of Jacob Blanchard as Coaching Coordinator and Jean-Paul Verhees as Assistant Director of Coaching, the Club has gone far beyond expectations in its continued mission to the players in the Red and Black. These two outstanding individuals have already demonstrated their passion and commitment to the development of our players. Please take the time to let Jacob know how much you appreciate his loyalty to your children and spend some moments to get acquainted with J.P., our new staff member! Yes, there will be a "Happy New Year" in 2002 for the players, parents, coaches, and fans of the Honolulu Bulls Soccer Club if all of you make the resolution to follow in the footsteps of our President Ken Perske and his crew. They have continued the mission with courage. Certainly, if our players, coaches, and parents step into the year 2002 as bravely as our Board of Directors ended the year 2001, we will surely have a great year! Because YOU, as always are the ones who make the Club what it is: the best it can be! Thank you for the privilege,

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## New Staff Coach



A familiar and popular coach at the ProXtreme Holiday Soccer Camp has been hired as an Assistant Director of Coaching for the HSC-Bulls. Jean Paul Verhees, "J.P.", brings a wealth of knowledge and experience to the Club, having coached soccer for over 25 years. Highlights of his career include an NAIA National Championship with Westmont College (Santa Barbara) in their very first season and

two Final Four appearances with the University of California, Berkeley. He also coached at the University of San Francisco, an NCAA Division I school, for 10 years .

As a youth, he played soccer in Holland, and prior to coaching on the college level, he played professionally in the NASL and the ASL.

Coach Verhees has an international coaching license (Switzerland, 1986), as well as a US Coaching License with the USSF ("A" License, 1997). Recently, he was on the US U-20 National Team staff in preparation for the 2001 World Cup held in Argentina. He also worked for ODP as a staff coach in Region IV.

Coach Verhees believes the HSC-Bulls "has plenty of outstanding, talented players". He is "impressed with the coaching staff and its ability to train, develop, and advance players to the next level" and is looking forward to meeting the challenges of the future. One of his goals is to help guide the Club toward national, prominent club status "through playing attractive and attacking soccer" which he refers to as "the beautiful game".

A portion of one of Coach Verhees' favorite poems capsulizes his philosophy of coaching:

Apollonius said, "Come to the edge"  
 They said, "No, it is too high."  
 "Come to the edge."  
 They said, "No, we may fall."  
 He said, "Come to the edge."  
 They came,  
 He pushed them  
 and they flew. . .

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## Jamboree a Success

Clear skies ruled the day at the Waipio Soccer Complex for the 4th annual HSC-Bulls Winter Jamboree in early December. The gameday is a tune-up for the winter competitive season for U8 through U12 teams. Coaching Coordinator Jacob Blanchard, who organized the event, filed the following report:



This year, the Jamboree had participation from twelve Bulls teams and sixteen outside teams. The Mililani Soccer Club and the Volcanoes Soccer Club supported us very well with at least four teams per club participating. The event ran very smoothly, and I would like to thank all the referees who volunteered their time to make it a success. I have received responses from outside teams complementing the youth referees, "they pay more attention to detail than most of the 'paid' referees that we see each week. I look forward to participating in your club's events in the future". There was a lot of support from Club members and I was very pleased with the end result.



## 2002 Staff Assignments

Keiki - U10s	Jose Dydasco	Youth Development Coach, Staff Coach
U10s - U12s	Jacob Blanchard	Coaching Coordinator, Staff
U12s - U14s	Michael Guidry	Assistant Director of Coaching, Staff Coach
U14s - U16s	Jean Paul Verhees	Assistant Director of Coaching, Staff Coach
U16s - U19s	Phil Neddo	Director of Coaching, Staff Coach

## ProXtreme Wrap-up

Unusual westerly winds cooled Waiālae Iki field during the three and a half days of the 4th Annual ProXtreme Holiday Soccer Camp. The 134 campers, the parents who lingered, and the coaches were thoroughly impressed by Clint, Josh, and Brian (and our college youth coaches!) during the morning demonstration sessions. Campers were thrilled to actually play with their soccer idols, and the pros had great rapport with the campers. The 20 college youth coaches were just as thrilled as the campers to see, play with, and learn from the professionals; renew friendships; and teach and guide younger players. Feedback from parents was that the camp was well-organized and well-run.

Of course, a camp cannot be successful without the support of donors and volunteers. The Club is grateful to donors who supplied everything from ice cream to entertainment for the pros. **Mahalo nui** to: **Lorie Chang of Webco, Dodge Hawaii** for food and beverages, **Charlie Higa of Zippy's** for chili, **Frank Atherton, Rick Chong,** and **Michael Shimoko** for golf, **Dwayne Arakawa of Hawaiian Brian's Billiards** for bottled water, and **Randy Hiraki** for ice; and to volunteers: **Michele Bray, Robin Nee, Sandy Rollins, Cindy Sguigna, Erin Atherton, Laura Lui, Rick Sakamoto, Denis Nonaka, Jill Kauka, Hilton Lui, James Lui, Glenn Okazaki, Glenn Anderson,** and **Ken Perske.**

## Meet the Pros from ProXtreme



At the close of the ProXtreme Camp, three current Bulls players had the opportunity to interview Clint, Josh, and Brian.

*Audrey Ehrhorn, interviewing Clint Mathis . . .*

**A:** Did you always want to play soccer professionally?  
**C:** Yes, ever since I was 12 and watched the Olympic

Games, I knew I wanted to play soccer professionally. I started playing soccer at age 3 1/2 with my older brothers, and it's just always something that I wanted to do.

**A:** Who was the most influential person in your life?  
**C:** Phil Neddo. He helped me during impressionable years.

**A:** Coach Phil always tells us the story about how one year during pre-regional training you threw up and didn't do too well.

**C:** Yea, I passed out on the cement after I threw up. I had eaten way too much for lunch before I ran.

**A:** Coach Phil told us the next year your were the fastest and the strongest. What made you change?

**C:** Yea, I know. I was kinda lazy before. I don't know, I guess I was proving to him that I could do it.

**A:** What was the biggest adversity that you've had to face?

**C:** My first ACL surgery in college. I never thought I would play soccer again after that first surgery. It made me realize that I needed to work harder in school because I might not be able to play soccer in the long run.

**A:** How did you deal with your ACL surgery?

**C:** The first time, I didn't deal with it too well. I didn't think I would get to play soccer again, ever. I was mad and angry.

**A:** How do you prepare for games? Any rituals?

**C:** Before games I like to joke around, have fun, stuff like that. But when the national anthem comes on, I pray in the beginning part of it, spit twice, then sing the rest of it.

**A:** What do you want to do after soccer?

**C:** Coach probably. I like being around younger kids; it keeps people young.

**A:** Maybe a possible Bulls coach?

**C:** Yea, that's a possibility. I love Hawaii; I would like to live here . . . It's so laid back; that's what I like about it.

**A:** How does it feel to be playing in the World Cup?

**C:** Great. It's the "best of the best"—top level soccer. You can't get any higher than this.

**A:** How far do you think you will get in the World Cup?

**C:** I think we'll definitely get out of the first round. We have a good team, a more experienced team, and I think we will probably do better than before.

**A:** What major athlete did you admire growing up?

**C:** Michael Jordan. He is a great person on and off the court. He has a confidence or a mindset that he's going to go out and beat the other team or player. You need to have that mindset for soccer. To know that you're going to go out on the field and beat the other team.

*David Semenza, interviewing Josh Wolff . . .*

**D:** What athlete did you admire when you were growing up?

**J:** My older brother, Rick. He kept me out of trouble.

**D:** At what age did you decide you wanted to become a professional soccer player?



**J:** In college, once MLS came around. It's difficult to turn pro if your country doesn't have a program.

**D:** What did it feel like the first time you put on the National Team jersey?

**J:** A great honor. A great feeling. It's something to cherish because you don't know if you'll ever get another chance.

**D:** What did it feel like when you entered the Mexico World Cup qualifier?

**J:** Just to try and make an impact.

**D:** Do you have plans of possibly joining Blackburn or any other overseas' club?

**J:** Yeah, I certainly wanna get out of the U.S. The World Cup is a great opportunity to get your face out there. I'm probably going on loan to Blackburn in February, but the terms haven't been set. The MLS is usually pretty rigid with their policies.

**D:** Do you have any superstitions for gameday?

**J:** Nope. Never been a superstitious guy.

**D:** What are your hobbies outside of soccer?

**J:** A lot of golf.

**D:** What do you think the major differences are between the college game and the MLS?

**J:** The speed of play. Size of the players. Think quicker. The same things whenever you move up a level.

**D:** What were your initial reactions when you broke your foot this year?

**J:** Pretty optimistic until the MRI showed a break.

**D:** Were you satisfied with your team's results at the Olympics?

**J:** Absolutely. Our goal was to make the second round. I don't ever think the Federation thought we'd get to the medal round.

**D:** How do Bruce Arena (National Team) and Clive Charles (Olympic Team) differ as coaches?

**J:** Clive is a little looser. Pretty similar. They're players' coaches. They understand the players.

**D:** Any predictions on your finish in the World Cup, and who do you think will win it?

**J:** France will be strong. Brazil, England, and Argentina will find a way. Initial goal is to get out of the first round. We just have to stay optimistic.

*Kayla Oshiro, interviewing Brian Ching . . . .*

**K:** Who was your toughest opponent in MLS this year?

**B:** San Jose Earthquake (winners of the MLS Cup 2001), Chicago Fire, and Galaxy defense (in practice).

**K:** If you could play with one person in the world who would it be and why?

**B:** Luis Figo or Zinedine Zidane because they are both very creative in the midfield; they attract a lot of attention; and they make a striker's job easier.

**K:** When did you decide you wanted to play professional soccer?

**B:** Freshman year in college after MLS just started.

**K:** What do you like to do other than sports?

**B:** Go to the beach and surf.

**K:** What was the biggest adjustment you had to make as a player from high school to college and then from college to pro?

**B:** It was the same both times. I had to be more self-confident in my abilities and speed of play.

**K:** Who had the most significant influence on your soccer career?

**B:** Chris Neid, Dave Chattergy, and Einar Thorarinnsson.

**K:** What are your career goals?

**B:** To become a National Team player.

**K:** Do you have any pre-game rituals?

**B:** I tie my left shoe before my right and I listen to music.

**K:** For the kids, what is the most important piece of advice they need to know as developing players?

**B:** Working hard and believing in yourself will get you far.

*For updates on Clint, Josh, and Brian, check out these websites: [mlsnet.com](http://mlsnet.com) and [joshwolff.net](http://joshwolff.net)*

### Training for Out-of Season Players

**U13-U19 Boys and U15 and older Girls**

**Tuesdays - 4:30 until dark**

**Thursdays - 4:30 until dark \*\*\***

**U13-U14 Girls**

**Thursdays - 4:30 until dark**

**\*\*\*This is an optional play-in session; it is not mandatory. COME ONLY IF YOU WANT TO PLAY SMALL-SIDED PICKUP GAMES. Cones, bibs, etc. will be provided. Coaches will be there to observe but not interfere with games.**

### Bulletin Board



#### **"Get Your Very Own Souvenir Clint Mathis/Josh Wolff T-Shirt!"**

If you missed the ProXtreme Camp (and you missed a great time), you now have the opportunity to purchase a camp t-shirt. The shirts come in a variety of colors: White, Red, Royal Blue, and Navy Blue; a variety of sizes are available as well. Each shirt has the 2001 Camp Logo, which is a patriotic red, white, and blue with our two "stars" names, Mathis/Wolff, written on each shirt. The White shirts are \$8 and the colored shirts are \$10. If you are interested in purchasing a shirt, please call Cindy Sguigna at 779-7608.